

Aurora

Doctor Profile

Dr Calogero Longhitano

MBBS, FRANZCP



Dr Calogero Longhitano MBBS, FRANZCP is a specialist in forensic and general psychiatry. He works for the community forensic mental health services where he supports local courts, police and other mental health services in managing some of the most challenging aspects of mental illness.

Carlo has a global understanding of cultural issues and how they affect our resilience in the face of trauma and adversities.

Being a family man and a passionate food lover, he has recently started a collaboration with James Cook University looking at nutritional factors in mental health and in particular the effects of ketogenic diet on brain metabolism.

You might say, he genuinely believes that "you can eat your way to mental health".

To arrange an appointment or referral, please contact:

Dr Longhitano's Townsville Private Clinic consulting suite

T 1800 884 767

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Townsville
Private Clinic

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