

Dr Ramya Thanigaivel

MBBS, FRANZCP



Dr Ramya Thanigaivel MBBS, FRANZCP is a Consultant Psychiatrist specialising in General Adult Psychiatry who works exclusively at Townsville Private Clinic. She has special interests in mood disorders, anxiety disorders, trauma and stressor-related disorders as well as substance use disorders.

Originally from Adelaide, South Australia where she commenced her Psychiatry Fellowship training, Dr Thanigaivel moved to Townsville to complete training and attain her Fellowship. She completed her Bachelor of Medicine and Bachelor of Surgery with Academic Honours at Flinders University, South Australia in 2012 before completing her Internship at the Royal Adelaide Hospital. She is a member of the Golden Key International Honour Society for Academic Excellence. Dr Thanigaivel also holds a Bachelor of Dental Surgery whereby she worked as a Dentist in her past life prior to becoming a Psychiatrist.

Dr Thanigaivel enjoys working closely with patients and their families within a recovery-oriented and holistic framework. She believes strongly in working towards reducing the stigma associated with mental health and the burden it places on its sufferers and their loved ones. She remains passionate about providing patient-centred care within a respectful and considerate therapeutic environment. A quote she believes in is, 'what mental health needs is more sunlight, more candour, and more unashamed conversation.' - Glenn Close.

Areas of interest:

- Mood disorders
- Anxiety disorders
- PTSD
- Adjustment disorders
- Substance use disorders
- Defence services
- Workcover
- rTMS

To arrange an appointment or referral, please contact:

Dr Thanigaivel's Townsville Private Clinic consulting suite

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Townsville
Private Clinic