



Dr Mushtaq
Mohiuddin

Dr Mushtaq Mohiuddin MBBS, FRANZCP is an experienced General Adult Psychiatrist specialising in Psychotic Disorders, Depressive and Bipolar Disorders, Anxiety Disorders and Trauma-related Disorders (Adjustment Disorders, Grief and Post-Traumatic Stress Disorder).

His interests also extend to Addictive Disorders, Pathological Gambling, Neuro-stimulation, Forensic Psychiatry and Psychotherapy (including Cognitive Behavioural Therapy).

Dr Mohiuddin currently works as a Consultant Psychiatrist for the Community Forensic Mental Health Services and the Intellectual and Developmental Disability Specialist Clinic. He is also an Adjunct Lecturer at James Cook University and a member of the Townsville Hospital Human Research Ethics Committee.

Prior to this, Dr Mohiuddin worked in the Alcohol, Tobacco, and Other Drug Services and the North Queensland Persistent Pain Management team, whilst completing his Royal Australian and New Zealand College of Psychiatrists' (RANZCP) Addiction Psychiatry Advanced Certificate.

Dr Mohiuddin aims to provide holistic treatment plans using a personalised and collaborative approach for patients. His strengths include the ability to develop a strong therapeutic alliance whilst implementing evidence based biological and psychotherapeutic treatment strategies carefully tailored to each individual.

His other interests include reading, travelling and playing sports. He is a member of local sports clubs and believes in achieving harmony through a healthy relationship between the mind, body and spirit.

Dr Mohiuddin offers short waiting periods and the flexibility of after hours as well as weekend appointments.

To arrange an appointment or referral, please contact Townsville Private Clinic's Admissions and Assessment team on 1800 884 767.

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